



EUROPEAN RECORDS ATHLETICS



Women

100m	11.68	Losange, Pamera	02	FRA	07.05.2022	Caxias do Sul	BRA
200m	23.89	Losange, Pamera	02	FRA	13.05.2022	Caxias do Sul	BRA
400m	55.35	Tsiarentsyeva, Alina	82	BLR	31.07.2013	Sofia	BUL
800m	2:07.5	Windbrake, Rita	45	FRG	03.07.1977	Bonn	GER
1000m	2:46.8	Windbrake, Rita	45	FRG	10.07.1981	Troisdorf	GER
1500m	4:25.25	Windbrake, Rita	45	FRG	18.07.1981	Gelsenkirchen	GER
1 mile	4:59.15	Perkins, Candy	71	GBR	18.05.1997	Ashford	GBR
2000m	6:30.39	Alder-Baerens, Nele	78	GER	01.05.2003	Berlin	GER
3000m	9:40.03	Yakubovskaya, Olga	81	RUS	11.07.2008	Moscow	RUS
5000m	16:41.91	Yakubovskaya, Olga	81	RUS	28.06.2009	Moscow	RUS
10000m	35:32.35	Yakubovskaya, Olga	81	RUS	07.09.2009	Taipei	TPE
20000m		vacant					
1 hour		vacant					
25000m		vacant					
30000m		vacant					
10km	36:52	Alder-Baerens, Nele	78	GER	05.08.2006	Berlin	GER
15km	54:18	Yakubovskaya, Olga	81	RUS	08.08.2009	Moscow	RUS
20km	1:18:49	Dr. Alder-Baerens, Nele	78	GER	29.09.2013	Berlin	GER
Half marathon	1:23:01	Dr. Alder-Baerens, Nele	78	GER	29.09.2013	Berlin	GER
25km	1:38:21	Dr. Alder-Baerens, Nele	78	GER	29.09.2013	Berlin	GER
30km	1:57:54	Dr. Alder-Baerens, Nele	78	GER	29.09.2013	Berlin	GER
Marathon	2:46:07	Dr. Alder-Baerens, Nele	78	GER	29.09.2013	Berlin	GER
100km	7:29:04	Dr. Alder-Baerens, Nele	78	GER	20.08.2016	Leipzig	GER
100m hurdles	14.21	Shapoval, Yuliya	88	UKR	02.08.2013	Sofia	BUL
400m hurdles	60.22	Khaladzhan, Asya	92	RUS	24.07.2017	Samsun	TUR
3000m steeplechase	10:34.95	Yakubovskaya, Olga	81	RUS	11.09.2009	Taipei	TPE
High jump	1.80	Karapetlian, Kristina	90	RUS	29.06.2016	Stara Zagora	BUL
Pole vault	4.00	Rivereau, Marie	94	FRA	08.05.2022	Caxias do Sul	BRA
Long jump	6.19	Alemseitova, Andzhela	90	RUS	26.07.2019	Wattenscheid	GER
Triple jump	13.08	Hralko, Marharyta	87	BLR	02.08.2013	Sofia	BUL
Shot put	15.33	Kristoficova, Ivana	90	SVK	01.08.2013	Sofia	BUL
Discus throw	49.90	Raad, Trude	90	NOR	12.08.2011	Byrkjelo	NOR
Hammer throw	69.58	Payne, Charlotte Lucy	02	GBR	14.05.2022	Bracknell	GBR
Javelin throw	50.61	Stefanac, Laura	98	CRO	06.03.2022	Split	CRO
Heptathlon	5062	Olenko, Kairit	85	EST	25.09.2008	Izmir	TUR
		14.70 - 1.64 - 12.17 - 26.66 / 5.77 - 45.85 - 2:53.77					
Decathlon		vacant					
4 x 100m relay	47.05	National team		RUS	29.07.2017	Samsun	TUR
		Fliushkina, Alena 96 – Klimova, Oxana 90 – Grishina, Marina 88 – Golovina, Ksenia 92					
4 x 200m relay	1:49.84	GTSV Essen		GER	30.05.1993	Wuppertal	GER
		Koester, Elke 69 - Naber, Sonja 75 - Klein, Petra 67 - Brunke, Myriam 74					
4 x 400m relay	3:48.14	National team		RUS	29.07.2017	Samsun	TUR
		Chernyshova, Victoria 98 – Abubiakirova, Iuliia 96 – Kudriavtseva, Ekaterina 86 – Khaladzhan, Asya 92					
4 x 800m relay	10:04.7	National team		FRG	01.09.1984	Berlin	GER
		Schuck, Ute 66 - Willmerdinger, Birgit 59 - Weidner, Heike 66 - Windbrake, Rita 45					
Mixed 4 x 400m relay	3:31.28	National team		UKR	26.08.2021	Lublin	POL
		Kiniaikina, Kristina 00 - Rudenko, Dmytro 90 - Kuprych, Solomiia 90 - Drach, Sergii 88					

Status: 2023.01.01.

Awaiting Ratification
Approved