

# Zeeuws- Brabantse Sport association for Deaf Established on 8 october 2008

# 1<sup>st</sup> International ZBSD-tournament Bergen op Zoom, the Netherlands



# 27 t/m 29 september 2018

More info: www.zbsd.nl/zbsd10jaar

facebook: <a href="https://www.facebook.com/2018ZBSD/">https://www.facebook.com/2018ZBSD/</a>

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## Information:

ZBSD, Zeeuws-Brabantse Sportvereniging voor Doven is founded on 8 october 2008 by six deaf youths. They started their favorite sport: bowling. But soon the other sports were also injected because of more interest.

Meanwhile, in addition to bowling, futsal and football can also be played, and also the swimming and run can be practiced. All this under the supervision of the KNDSB (Royal Dutch Deaf Sports Association). This implies that matches have to be played in the whole of the Nederlands.

ZBSD is 10 years old on October 8, 2018. To celebrate that, we organize an international tournament first time.

ZBSD is not responsible for any damage or injury. Your participation in a competition is entirely your own risk.

There is event in all loaction to buy foods and drinks.

We look forward to see you in ZBSD tournament and we hope it will be a successful. See you on 27 & 28 & 29 September 2018!

Kind regards,

The ZBSD executive Board

## The program

Thursday 27 september 2018 7.30 – 22.00 h **bowling single** round, 6 game

Friday 28 september 2018 7.30 – 22.00 h **bowling double** round, 6 game

18.00-: **swimming competition** first part

Saturday 29 september 2018 7.30 – 16.00 h **bowling** final rounds

14.30 p.m.– 16.00 h **bowling free game** (for everybody)

15.00 h: **swimming competition** second part

11.00 h: run (5 & 10 km)

18.00 h: swimrun (500mtr swim/5km run & 1km

swim/10km run)

18.00 – 20.00 h : **buffet** 

20.00 - 01.00 h : the closing ceremony

### **Address:**

Bowling & Resto-Lounge (see map: A)

Markiezaatsweg 25

4615 PA Bergen op Zoom

<a href="http://www.bowlingbergenopzoom.nl/">http://www.bowlingbergenopzoom.nl/</a>

Zwembad de Schelp (see map: B)
De Boulevard Noord 45
4617 HD Bergen op Zoom
https://zwembaddeschelp.nl/

Running -> next swimmingpool de Schelp

# contact: zbsd10jaar@zbsd.nl

Bowling: Wendy de Wachter / Davy Paardekam

Swimming: Mirjam de Bruijn Run & Swimrun: Marga de Boer

Closing event / buffet: Wendy de Wachter
Hotel reservation: Wendy de Wachter
Webmaster: Marsa Zwanenburg

Webmaster: Marco Zwanenburg

Contact via OOvOO of Skype is possible: wendypoppe



#### Best bowlers,

Hereby we would like to invite you to participate in the 3-day bowling tournament of ZBSD (Zeeuws Brabantse Sport association for Deaf) on Thursday 27 september & Friday 28 september & Saturday 29 september 2018 in the Bowling & Resto-Lounge, Markiezaatsweg 25, 4615 PA Bergen op Zoom.

"free bowlen" for both beginners and advanced are very welcome on Saturday 29 september 2018 to 14.30 – 16.00 hours. For **everybody** 

#### **Bowling program:**

#### Thursday 27 september 2018:

7.30 – 22.00 h Singles, 4 group x 24 people (maximum 96 persons) –

after every Group lane maintenance

#### Friday 28 september 2018

7.30 – 22.00 h doubles, 4 group x 24 people (maximum 96 persons) –

after every Group lane maintenance

#### Saturday 29 september 2018

Saturday 25 Septemb	761 2010	
8.30 – 9.30 h	Step 1 final – 24 men – 2 game	(2 person per lane)
10.00 - 11.00 h	Step 1 final – 12 women – 2 game	(1 person per lane)
11.30 - 12.30 h	Step 2 final – 12 men – 2 game	(1 person per lane)
13.00 – 14.00 h	Step 3 final – 6 men and step 2 6 women – 2 game	(1 person per lane)
14.30 - 15.30 h	Step 4 final – 3 men and step 3 – 3 women	(1 person per lane)
	step by step finale	(6 lane + lane next to free)
14.30 – 16.00 h	Free bowlen (for everybody)	(4 lane)
16.00 – 17.00 h	Award cemerony	

#### The list of prize money of Bowling:

With reservations!!

it depends on the sponsor, it can be reduced or increased the prize money.

all-events men and women						
number of						
participants		96		70		50
<b>1</b> e	€	500,00	€	400,00	€	300,00
2e	€	250,00	€	200,00	€	150,00
3e	€	125,00	€	100,00	€	75,00
4e	€	65,00	€	50,00	€	40,00
5e	€	40,00	€	40,00	€	40,00
6e	€	40,00	€	40,00	€	40,00
7e	€	40,00	€	40,00	€	40,00
8e	€	40,00	€	40,00		
9e	€	40,00	€	40,00		
10e	€	40,00				
11e	€	40,00				
12e	€	40,00				

double men and women						
number of						
participants		48		35		25
1e	€	300,00	€	250,00	€	200,00
2e	€	150,00	€	125,00	€	100,00
3e	€	75,00	€	65,00	€	50,00
4e	€	40,00	€	40,00	€	40,00
5e	€	40,00	€	40,00	€	40,00
6e	€	40,00	€	40,00	€	40,00
7e	€	40,00	€	40,00	€	40,00
8e	€	40,00	€	40,00		
9e	€	40,00	€	40,00		
10e	€	40,00				
11e	€	40,00				
12e	€	40,00				



#### Information about the hotel / transport:

If you arrive at the airport "Schiphol" in Amsterdam, you can take the train to Bergen op Zoom (at your own expense). In consultation it is possible to travel to the designated location under the supervision of the organization. In Bergen op Zoom, your baggage can be collected and the people walk to the hotel with supervision, about 20 minutes.

There is also a possibility that the organization pick you up from the airport with a 9 person bus, for that we ask 15 euro contribution per person, one way. An additional charge will be added for less than 8 people. This also applies to the return journey after the tournament.

**Note:** Transport is only available in consultation. This is on Tuesday 25 / Wednesday 26 September and Sunday 30 September and Monday 1 October. So NOT on the days of the tournament, 27/28/29 September

<u>Please sign up before June 30, 2018,</u> register for the bowling tournament or free bowling and possibly the night(s) in hotel, see page 10 (before 1 April 2018) / arrival and departure (see registration form). Mail to: <u>zbsd10jaar@zbsd.nl</u>

#### The cost of participation:

Bowling tournament, 3 days: € 100, - per person (single and double and final)

"Free bowlen" on Saturday, Sept. 29: € 15, - per person

The participation fee will be transfer to NL32 RABO 0146 1700 40. ZBSD in Bergen op Zoom with your name. We would like to ask you to pay it before 1 August 2018.

In advance thanks

Sincerely,

Wendy de Wachter,

**ZBSD** bowling









Dear runners,

We would like to invite you to participate in 2 types of running competitions which ZBSD (Zeeuws Brabantse Sport association for Deaf) on Saturday 29 september 2018 at and in the swimmingpool "de Schelp", De Boulevard Noord 45, 4617 HD Bergen op Zoom.

#### **Running program:**

#### Saturday 29 september 2018 on 11.00 a.m.: running competition

- 1. 5 km
- 2. 10 km

#### Saturday 29 september 2018 on 6.00 p.m.: swimrun competition

The competition consists of

- 1. 500mtr swimming / 5 km running
- 2. 1 km swimming / 10 km running

It is possible to sign up for running AND swimrun competition.

<u>Please register before 1 August 2018,</u> register for the walking distances (see registration form). Mail to: <u>zbsd10jaar@zbsd.nl</u>

The costs of participation:

5 km: € 2,50 10 km: € 5,00 Swimrun 500 meter/5km: € 3,00 Swimrun 1km/10 km : € 6,00

The participation fee will be transfer to NL32 RABO 0146 1700 40. ZBSD in Bergen op Zoom with your name. We would like to ask you to pay it before 1 August 2018.

In advance thanks

Kind regards, Marga de Boer ZBSD running





#### Dear swimmers,

We would like to invite you to participate in the 2-days swimming competitions of ZBSD (Zeeuws Brabantse Sport association for Deaf) on <u>Friday 28 september & Saturday 29 september 2018</u> in the swimmingpool "De Schelp", De Boulevard Noord 45, 4617 HD Bergen op Zoom.

#### **Swim program:**

#### Friday 28 september 2018 from 18.00 hours:

1.	50 meter freestyle	women	Open Class + Masters + A + B + C + D + E
2.	50 meter freestyle	men	Open Class + Masters + A + B + C + D + E
3.	200 meter medley	women	Open Class + Masters + A + B + C
4.	200 meter medley	men	Open Class + Masters + A + B + C
5.	100 meter breaststroke	women	Open Class + Masters + A + B + C + D + E
6.	100 meter breaststroke	men	Open Class + Masters + A + B + C + D + E
7.	200 meter backstroke	women	Open Class + Masters + A + B + C
8.	200 meter backstroke	men	Open Class + Masters + A + B + C
9.	25 meter freestyle	women	D + E
10.	. 25 meter freestyle	men	D + E
11.	. 100 meter butterfly	women	Open Class + Masters + A + B + C
12.	. 100 meter butterfly	men	Open Class + Masters + A + B + C
13.	. 50 meter backstroke	women	Open Class + Masters + A + B + C + D + E
14.	. 50 meter backstroke	men	Open Class + Masters + A + B + C + D + E

#### Saturday 29 september 2018 from 15.00 hours:

15. 200 meter freestyle	men	Open + Masters + A + B + C
16. 200 meter freestyle	women	Open + Masters + A + B + C
17. 50 meter butterfly	men	Open + Masters + A + B + C + D + E
18. 50 meter butterfly	women	Open + Masters + A + B + C + D + E
19. 50 meter breaststroke	men	Open + Masters + A + B + C + D + E
20. 50 meter breaststroke	women	Open + Masters + A + B + C + D + E
21. 100 meter freestyle	men	Open + Masters + A + B + C + D + E
22. 100 meter freestyle	women	Open + Masters + A + B + C + D + E
23. 100 meter backstroke	men	Open + Masters + A + B + C + D + E

24. 100 meter backstroke women Open + Masters + A + B + C + D + E

25. 25 meter breaststroke men D + E26. 25 meter breaststroke women D + E

27. 100 meter medley men Open + Masters + A + B + C + D + E
28. 100 meter medley women Open + Masters + A + B + C + D + E
29. Swimrun (500 mtr swimming / 5 km running or 1 km swimming / 10 km running)

#### Age category 28/29 september 2018:

Open = from 2000

A = 2001-2002

B = 2003-2004

C = 2005-2006

D = 2007-2008

E = 2009-2010

Masters is also very welcome!

**Masters** is a special class of competition swimming, meant for swimmers aged 25 and older. The swimmers compete in an age group of ten years. Age groups: 25-34, 35-44, 45-54, 55-64, and thus extended by 10 years

**swimrun**, see page 7 for more info.

<u>Please register before 1 June 2018,</u> register for the swimming distances (see registration form), also indicate which age category you belong to. Mail to: <u>zbsd10jaar@zbsd.nl</u>

The costs are per participant:

25 meters: € 1,-50 meters: € 1,50 100 meters: € 2,50 200 meters: € 3,50

The participation fee will be transfer to NL32 RABO 0146 1700 40. ZBSD in Bergen op Zoom with your name or name of your club. We would to like ask you to pay it before 1 August 2018.

In advance thanks

Best wishes,

Mirjam de Bruijn,

**ZBSD** swimming



### Information about the hotel:

Hotel Fletcher stadspark
Gertrudisboulevard 200
4615 MA Bergen op Zoom
<a href="https://www.fletcherstadsparkhotel.nl/nl/">https://www.fletcherstadsparkhotel.nl/nl/</a>

Single room with breakfast: € 95, - per night Double room with breakfast: € 105, - per night

Fletcher Hotel-Restaurant Stadspark is located at the Binnenschelde in Bergen op Zoom in Noord-Brabant. Here you can walk on the boulevard and swim, canoe and windsurf in the



recreational lake. The only assurance they give you is rest, while the bustling city center, the historic center of Bergen op Zoom and the Zeeland beaches are not far away.

500 meters from centre Free WIFI Restaurant, bar, terrace Free parking Wellness center Fitness Bike rental

From hotel to the bowling: 15 minutes walk From hotel to the swimming pool: 5 minutes walk

Special discounted rate 3-course dinner: € 22.50 per person - per night, you have to reserve this yourself at the hotel.

<u>Please give up and pay before 1 April 2018,</u> there are 50 rooms available for ZBSD, sign up for accommodation (see registration form). Mail to: <u>zbsd10jaar@zbsd.nl</u>

The hotel cost will be transfer to NL32 RABO 0146 1700 40. ZBSD in Bergen op Zoom with your name - hotel. We would to like to ask to pay it before 1 April 2018.

After 1 April 2018 you should regulate it yourself!

(the rooms are then released, so no longer being held for ZBSD, you also have to pay the normal higher rate again, and you are also dependent on availability)

https://www.booking.com/hotel/nl/fletcher-stadspark.nl.html https://www.fletcherstadsparkhotel.nl/nl/

Or prefer other Bed & Breakfast - Hostel - Hotel (see pages 13 to 15). Then you should regulate it yourselfe yourself! (see map - addresses below)

### The closing ceremony on Saturday 29 september 2018

#### Buffet from 18.00 - 20.00 h

Both hot and cold dishes and a large of

choices

starter: tomato soup, Russian salad, tuna and

coleslaw salad

main course: pork fillet, chicken satay, stew, fish ling, fries, potatoes and vegetables.

dessert: Bavarois, chocolate mousse, panna cotta, various types of ice cream



#### Party from 20.00 - 01.00 h

At the closing of 3 days- tournament and in honor of 10 years of existence, there is an event to meet the other people at the party and 'flutter'. During this evening you can enjoy numerous performances. Who will give a show, it remains a surprise!

In the enclosed registration form you can make the choices for Saturday night, September 29th There are 3 choices:

- 1. Buffet
- 2. Party
- 3. Buffet and Party

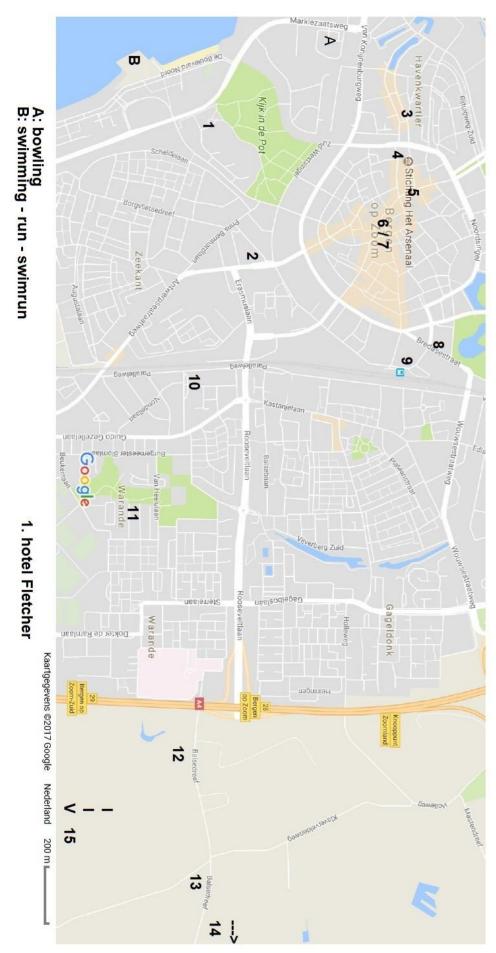
Please sign up <u>before August 31, 2018</u>, see registration form, via the e-mail: <u>zbsd10jaar@zbsd.nl</u>

Address from buffet & party: Bowling & Resto-lounge Markiezaatsweg 25 4615 PA Bergen op Zoom

http://www.bowlingbergenopzoom.nl



# Map:



#### Hotels / Bed & Breakfast:

#### 1. Hotel Tulip Inn

Antwerpsestraat 56, 4611 AK Bergen op Zoom

https://www.booking.com/hotel/nl/tischelde.nl.html

https://tulipinnbergenopzoom.nl/

locatie A: 20 minutes walk – 5 minutes car locatie B: 15 minutes walk – 5 minutes car

#### 2. B&B Suite de Noordt (2 kamer)

Noordzijde Haven 6, 4611 GS Bergen op Zoom

http://www.suitedenoordt.nl/

locatie A: 10 minutes walk – 5 minutes car locatie B: 20 minutes walk – 5 minutes car

#### 3.B&B de Stadspoort

Gevangenpoortstraat 2a, 4611 HZ Bergen op Zoom

http://www.bbstadspoort.nl/

locatie A: 10 minutes walk – 5 minutes car locatie B: 15 minutes walk – 5 minutes car

#### 4. Hotel eten-drinken-slapen bij van Ee

Beursplein 5, 4611 JG Bergenop Zoom

https://www.booking.com/hotel/nl/hotale-eetcafe-van-ee.nl.html

https://www.etendrinkenslapenbijvanee.nl/

locatie A: 15 minutes walk – 5 minutes car locatie B: 20 minutes walk – 5 minutes car

#### 5. Hotel Grand de Draak

Grote Markt 36, 4611 NT Bergen op Zoom

https://www.booking.com/hotel/nl/grandhotel-de-draak.nl.html

http://www.hoteldedraak.nl

locatie A: 15 minutes walk – 10 minutes car locatie B: 20 minutes walk – 10 minutes car

#### 6. Hotel de Bourgondier

Grote Markt 2-3, 4611 NR Bergen op Zoom

http://www.grandcafehoteldebourgondier.nl/hotel

locatie A: 15 minutes walk – 10 minutes car locatie B: 20 minutes walk – 10 minutes car

#### 7.B&B Slapen op 11

Bredasestraat 11, 4611 CE Bergen op Zoom

https://www.booking.com/hotel/nl/b-amp-b-slapen-op-11.nl.html

http://www.slapenop11.nl/

locatie A + B: 25 minutes walk – 10 minutes car

#### 8. Hotel Old Dutch

Stationsstraat 29-31, 4611 CB Bergen op Zoom

https://www.booking.com/hotel/nl/old-dutch-bergen-op-zoom.nl.html

http://hotel-olddutch.nl/

locatie A: 25 minutes walk – 5 minutes car

locatie B: 25 minutes walk - 10 minutes car

#### 9. B&B Stad en wal (3 kamers)

Canadalaan 1, 4624 HD Bergen op Zoom

https://www.booking.com/hotel/nl/b-amp-b-stad-en-wal.nl.html

http://stadenwal.nl/

locatie A + B: 30 minutes walk - 10 minutes car

#### 10. B&B Het groene gordijn

Copernicusstraat 22, 4624 SE Bergen op Zoom

https://www.airbnb.nl/rooms/12103716

locatie A + B: 40 minutes walk - 10 minutes car

#### 11. B&B Villa Heidetuin (5 kamers)

Balsedreef 4, 4624 RA Bergen op Zoom

https://www.booking.com/hotel/nl/b-amp-b-villa-heidetuin.nl.html

http://www.villaheidetuin.eu/

locatie A + B : 1 hour walk - 10 minutes car

#### 12. Hostel – Jeugdherberg Stayokay

Boslustweg 1, 4624 RB Bergen op Zoom

https://www.booking.com/hotel/nl/stayokay-bergen-op-zoom.nl.html

https://www.stayokay.com/nl/hostel/bergen-op-zoom

locatie A + B: 1 hour walk - 15 minutes car

#### 13. B&B Meerie's (2 kamers)

Balsedreef 29, 4623 RD Bergen op Zoom

http://www.meeriesbb.nl/

locatie A + B: 1 hour, 15 minutes walk- 15 minutes car

#### 14. Camping uit en thuis

Heimolen 56, 4625 DD Bergen op Zoom

http://www.campinguitenthuis.nl/

locatie A + B: 1 hour walk – 10 minutes car

#### 15. B&B op de Brabantse wal (2 kamers)

Kannewielseweg 16b, 4661 RR Halsteren

https://www.booking.com/hotel/nl/b-amp-b-op-de-brabantse-wal.nl.html

http://www.opdebrabantsewal.nl/

locatie A: 45 minutes walk – 10 minutes car locatie B: 55 minutes walk – 10 minutes car

# Information about Bergen op Zoom and Surroundings:

The green environment around Bergen op Zoom offers a choice of possibilities for sporting activities. The De Brabantse Wal nature reserve, which includes Bergen op Zoom, invites you to make beautiful cycling and walking tours. The wooded area is home to a number of authentic Brabant villages that are certainly worth a visit. The city is close to the Belgian border; this makes it easy to make trips to Antwerp, Roosendaal or Breda.

#### Nature and culture tips

- Walking along recreational lake Binnenschelde
- Nice fresh air on the Zeeland beaches
- Discover the Brabantse Wal during a beautiful bike ride
- Discover City Palace the Markiezenhof
- Take a trip to the Belgian port city of Antwerp

#### Museum and attraction market tips

Take a look at Kaasboerderij De Zuidgeest

#### **Sporting tips**

- · Sporty climbing in the Klimbos Brabantsewal
- Diving in the Oosterschelde

http://www.vvvbrabantsewal.nl/nl