

EDOC

EUROPEAN DEAF ORIENTEERING CHAMPIONSHIPS

2024

6 – 11th JUNE, LATVIA



LATVIJAS ORIENTĒŠANĀS FEDERĀCIJA





LATVIJAS ORIENTĒŠANĀS FEDERĀCIJA



LATVIAN DEAF SPORTS
FEDERATION



10th EUROPEAN DEAF ORIENTEERING CHAMPIONSHIPS
4th EUROPEAN DEAF JUNIOR ORIENTEERING CHAMPIONSHIPS
2nd OPEN DEAF MASTERS ORIENTEERING WORLD CUP



BULLETIN 1

6 - 11th June 2024
in Riga, LATVIA

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WELCOME!

Latvian deaf sports federation with the Latvian Orienteering federation are glad to invite you to the 10th European Deaf Orienteering Championships (EDOC) which will take place on the 6th – 11th June 2024 in Riga, Latvia. We will do our best to provide high quality, challenging and fair competition for the athletes. Looking forward to seeing you all in our beloved capital city! More information about capital of Latvia is in website <https://www.liveriga.com/en/>



ORGANIZATION COMMITTEE (OC)



Head of OC

Iveta Kraze



EDSO delegates

Iosif Stavrakakis



**EDSO - SD Orienteering /
Technical committee**

Oleg Lavryk



**Competition director/
Technical committee**

Matiss Ratnieks



Hotel manager

Mara Kursite



Finances

Liene Kleina - Bruvere



Manager of volunteers

Gunta Vazdike

Logistic/ Transport

.....



Social media

Paulis Kalnins



EVENT PROGRAMME EDOC

Thursday, 06 June	Arrival
Friday, 07 June	Arrival / model event Technical Meeting
Saturday, 08 June	Individual Sprint distance
Sunday, 09 June	Sprint Relay (2 Women+2 Men) Technical Meeting
Monday, 10 June	Individual Short distance (City Race)
Tuesday, 11 June	Departure

EVENT PROGRAMME EDJOC

Thursday, 06 June	Arrival
Friday, 07 June	Arrival / model event Technical Meeting
Saturday, 08 June	Individual Sprint distance
Sunday, 09 June	Sprint Relay (1 Women+1 Men), Technical Meeting
Monday, 10 June	Individual Short distance (City Race)
Tuesday, 11 June	Departure





EVENT PROGRAMME ODMOWC

Thursday, 06 June	Arrival
Friday, 07 June	Arrival / model event Technical Meeting
Saturday, 08 June	Individual Sprint distance
Sunday, 09 June	Sprint Relay Mix (1 Women+1 Men) & Sprint Relay Men (1 Men+1 Men) Technical Meeting
Monday, 10 June	Individual Short distance (City Race)
Tuesday, 11 June	Departure

Competition participants and an excerpt from the Rules

10th European Deaf Orienteering Championships (EDOC)

1. All athletes representing their country must hold a valid passport from the country of their National Deaf Sport Federation (member EDSO).

2. Age Eligibility.

2.1. All orienteering athletes must be at least twenty-one (21) years old in the same year as the Competition.

2.2. Orienteering athletes aged between 16 (sixteen) and 20 (twenty) years old can take part in the adults competitions.

3. Number of Athletes

Each National Federation may enter a maximum number of twelve (12) competitors – six (6) men and six (6) women.

- Sprint and Short distance- each nation may enter three (3) women and three (3) men.
- Sprint Relay – each nation may enter one (1) team (two (2) women + two (2) men). Incomplete teams and teams with runners from more than one nation are not allowed.

4th European Deaf Junior Orienteering Championships (EDJOC)

1.1. All juniors-athletes representing their country must hold a valid passport or a document from the country of their National Deaf Sport Federation (member EDSO).

2.1. Age Eligibility.

2.1. All orienteering athletes must reach the age of twenty (20) years old in the same year as the Competition. (Example: Competition in 2024 the athletes must be born in 2004 or after).

2.2. Any participants who is a minors (age of 18 and under) is required to submit the Underage Athlete Form with parents' and/or guardians' signature to EDSO in order to participate in the competition.

3. Number of Athletes

Each National Federation may enter a maximum number of twelve (12) competitors – six (6) men and six (6) women.

- Sprint and Short distance- each nation may enter three (3) women and three (3) men.
- Sprint Relay – each nation may enter one (1) team (one (1) women + one (1) men).

2nd Open Deaf Masters Orienteering World Cup (ODMOWC)

1.1. All athletes (**for the countries of Asia, Africa and America**) representing their country must hold a valid passport from the country of their National Deaf Sport Federation (member ICSD)

1.2. All athletes representing their **European clubs** must have permission to participate from their National Deaf Sports Federation (EDSO member).

2.1. Age Eligibility.

M21-50, W21-50: regardless of the year of birth for the countries of Asia, Africa and America; born 1974-1983 for the European clubs

M51-60, W51-60: born 1964-1973

M61-70, W61-70: born 1963 and before

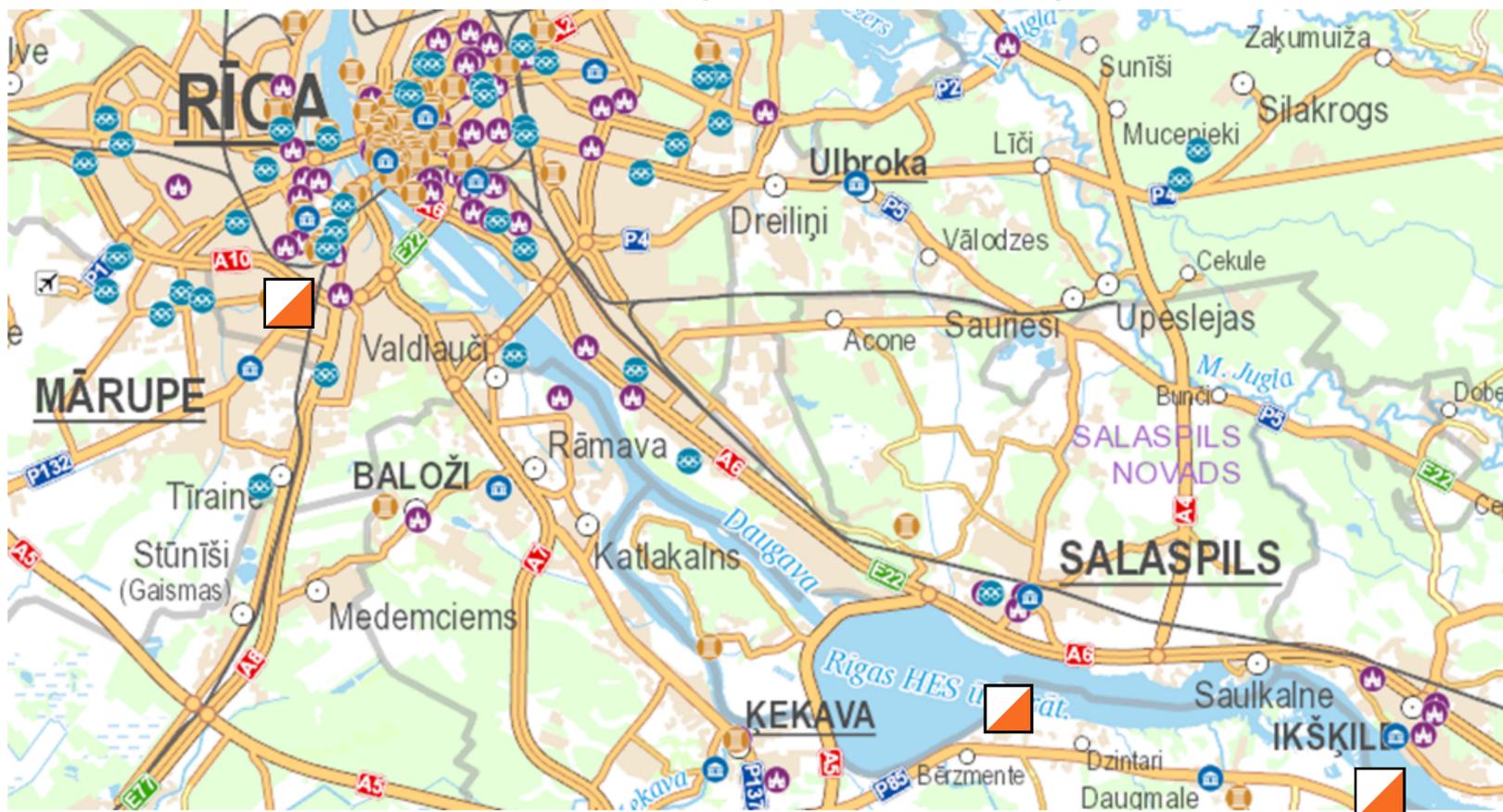
For a fairer "fair play" in each age group, a handicap system will be used to equalize between younger and older athletes in the same groups.

3.1. There is no limit for each country and club to participate in the Open

3.2. Sprint Relay Mix (1 Women+1 Men) & Sprint Relay Men (1 Men+1 Men) - Free composition of the team regardless of countries and clubs.

VENUES AND EMBARGOED AREAS INFORMATION

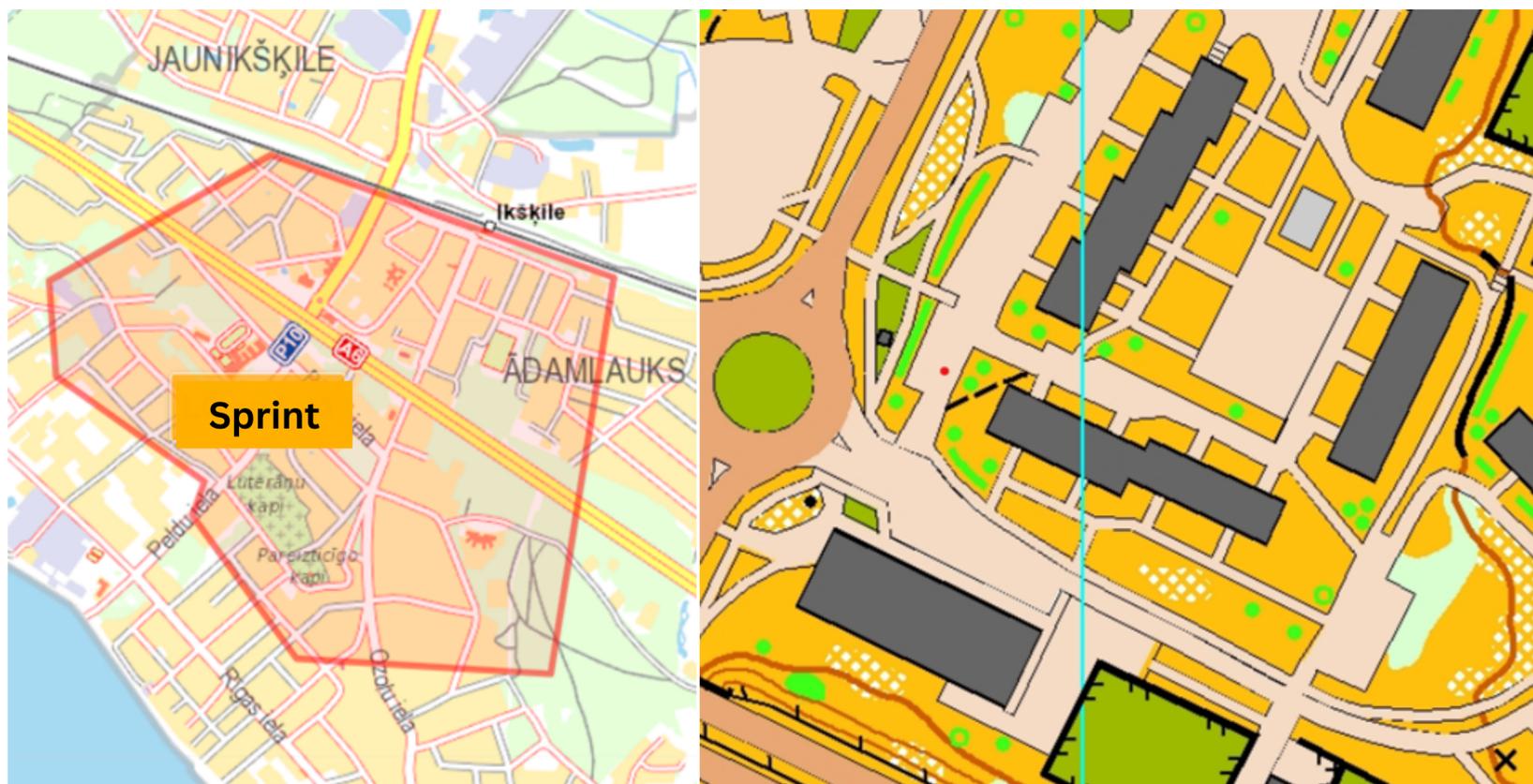
The competition will take place in the Riga and it's surroundings.



According to the IOF Competition rules (§ 26.5), embargoed areas are forbidden for all potential EDOC, EDJOC, ODMOWC 2023 athletes, team officials and other persons, who, through knowledge of the terrain, may influence the results of the competitions. All embargoed areas are "strict embargo". Interactive map of embargoed areas - <https://lof.lv/map.php?act=map&mid=186&s=JS&m=11.5>

8th of June - Sprint distance

Map of city: Ikšķile (~35minutes from Riga)



Map maker: Janis Tamuzs

Map scale: 1 : 4000, H – 2 m

Area first mapped in 2014, renewed 2022-2023

Terrain: town living area with private house areas. The maximum height difference in terrain – 25 meters.

9th of June - Sprint relay

Map of city: Salaspils



Map maker: Ainars Lagzdins

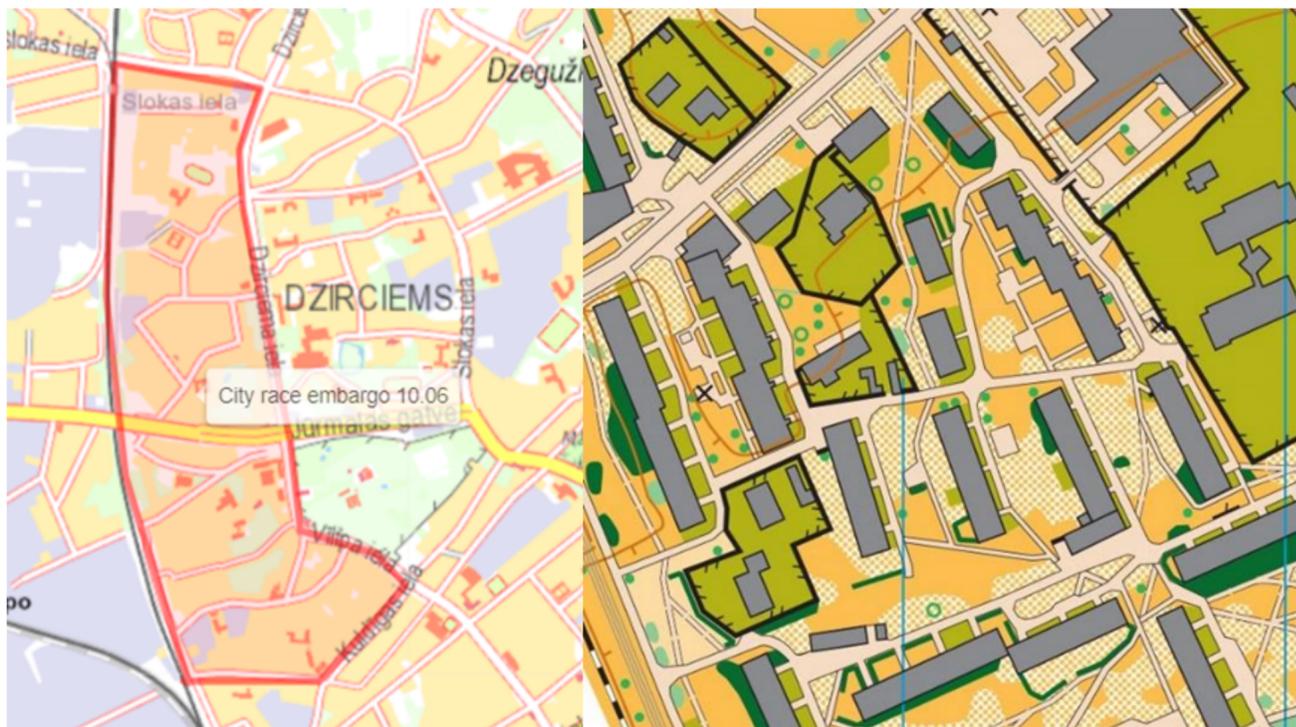
Map scale 1: 4000, H – 2.5 m

Area first mapped 2018, renewed in 2022-2023.

Terrain: Living district with different Soviet time and modern times architecture. Considerable amount of open areas. Maximum height difference – 10 m.

10th of June - Short distance

Map of city: Riga/ Dzirciems



Map maker: Alvis Reinsons

Map scale 1 : 4 000, H-2 m

Area first mapped 2017, renewed - 2022 - 2023

Terrain: Living district with different Soviet time and modern times architecture. Maximum height difference – 10 m.

***Opportunities for training:**

The organizers are studying the possibility of holding a training camp and participating in the city sprint competition in March or April 2024. More information later.

***Model:** Sprint model (6th June) will be available. The sprint model will be held in Dzirciems R map south side. The starta and finish will be located in Latvian Association of the Deaf (Elvīras iela 19, Rīga).

Punching system

SPORTIdent AIR+ punching system will be used.

SIAC cards can be rented for 5 EURO/day (for all days)

Weather and climate

With an average high of 20°C and a low of 11°C) it generally feels mildly cool with a gentle breeze.

Clothing

Road running or light trail shoes recommended for sprint distances. Spiked shoes are allowed.

Event centre

Hotel „Mercure Riga Centre“ (Elizabetes iela 101).

Team accreditation and team officials meeting will be held at the Event Centre.

Entries

Preliminary entry - until 30th of November 2023

Final entry - until 5th of February 2024

Name registration - until 5th of May 2024

Hotel reservation form - until 30th of April 2024

Arrival and departure form - until 5th of May 2024

Entry fees and payment

Latvian Deaf Sports Federation will offer the accommodation for all participants in Hotel

Room type	Catering	Price (EUR) per person for 1 night
Single	include breakfast	75,00-80,00
Double	include breakfast	65,00-70,00

“Mercure Riga Centre”

Exact prices at the Hotel will be displayed after your reservation.

Cheaper options can be chosen independently in other hotels and hostels in the city of Riga. But it is usually difficult to book cheap seats in the city center there during such a period.

At your request, the Organisers can investigate the possibility of accommodation with your own sleeping bag or mat on the floor in the gym of the Ishkile school. There is a toilet and shower there. The estimated price is 5 euros per day per person.

Additional price:

Transportation 30 EUR (from RIX Airport to hotel and back) Lunch – 25 EUR Dinner – 25 EUR

EDSO Participation per Official - 30 Euro

EDSO Participation per Athlete - 20 Euro

Additionally, a fee of 100.00 EUR per person will be charged for the OC

An OC-fee including will be required for every athletes & officials to be paid, the fee is covering following expenses:

Transport Hotel-venues of competitions-Hotel

Medals, Expenses to arranging clubs.

Maps, number bibs etc.

P.S. For juniors athletes - fee of 50.00 EUR

Payment information:

Bank: AS DNB Banka

IBAN: LV02 RIKO 0002 0100 2126 5

SWIFT: RIKO LV2X

Owner of the account: Latvian Deaf sports federation

30 % of entry fees must be paid via Bank transfer until 28 February 2024.

70 % of entry fees must be paid via Bank transfer until 30 April 2024.

Accreditation

Official accreditation will be on 06 June from 15.00 to 19.00 o'clock and on 07 June from 9.00 to 12.00 o'clock at the event center.

Competition rules

Competitions will be conducted in accordance with the technical regulation of EDOC 2023 and valid competition rules of International orienteering federation (IOF).

Anti-doping

All participants will follow valid WADA (World Anti-Doping Agency) regulations, ICSD (International Committee of Sport for the Deaf) Anti-Doping regulations and the International Orienteering Federation Anti-Doping Rules.

Health services

The Event Organizer will coordinate healthcare service for participants and will provide first-aid at each competition area. The Event Organizer will not bear any responsibility related to the cost of medical services of the participants. Each Federation is responsible for the health insurance of all their delegates.

Visa

Please check the following link with a list of countries whose citizens require a visa to enter Latvia /Schengen Zone:

<https://www.mfa.gov.lv/en/countries-and-territories-whose-citizens-may-enter-latvia-without-visa>

Media

All information of EDOC will be on website www.lnsf.lv

Contacts

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